

# OUR HEARTBEATS WALTZ

**COMPOSERS:** Jerry & Perry Lefeavers 5563 N Wind Dr., Lilburn, GA 30247  
**RECORD:** GRENN 14294 **TEL:** (770) 923-6389  
**FOOTWORK:** Opposite unless indicated, Directions for Man  
**RHYTHM:** Waltz **RATING:** Phase IV + 2 (Dble Rev, Contra Ck & Switch)

**SEQUENCE:** INTRO AB INTERLUDE AB ENDING

Recommended Speed 40

## INTRODUCTION

### MEASURES:

1-8 WAIT: WAIT: 2 LET TRNS.: FWD WLTZ: NAT TRN 1/2: IMPETUS SCP: CHAIR.  
REC. SLIP:

(1-2) CP/LOD Wait 2 measures;; (3-4) Fwd L trng lft fac, Sd R across LOD, Cls L CP/ROD; Bk R trng lft fac, Sd L cont trn, Cls R CP/LOD; (5) Fwd L, Sd & fwd R, Cls L; (6) Fwd R tween W's feet start rgt fac trn, Sd L twd DLW, Bk R; (7) Bk L brng R to L no wgt strt rgt fac heel trn, take wgt to R cont trn, Fwd L (W fwd R pvt 1/2 rgt fac, sd & fwd L arnd M cont pvting action brsh R twd L, fwd R) SCP/LOD; (8) Ck thru R with lunge action fwd poise, Rec L, sml Bk R trng lft fac (W ck thru L with lunge action, rec R, swivel lft fac on R & stp fwd L outsd M's ft) CP/DLC;

## PART A

### MEASURES:

1-8 DIAMOND TRN::: DRAG HESITATION: BK. BK/LOCK. BK: BK PASSING CHG:  
BK CHASSE SCP:

(1-4) Fwd L trng lft fac, Sd R twd DLC, Bk L to end BJO fac DRC; Bk R trng lft fac, Sd L twd DLW, Fwd R end BJO fac DRW; Fwd L trng lft fac, Sd R twd DRW, Bk L end BJO fac DLW; Bk R trng lft fac, Sd L twd DRC, Fwd R end fac DLC; (5) Fwd L strt lft fac trn, Sd R cont trn, drw L to R end BJO/DRC; (6) Ldng with rgt shldr Bk L, Bk R/Lock LIFR, Bk R; (7) Bk L,R,L; (8) Bk R trng lft fac, Sd L/cis R, Sd L SCP/DLW;

9-16 IN & OUT RUNS.: NAT HOVER FALLAWAY: SLIP PVT: CLSD WING: OP TELEMAR:  
OPEN NAT: BK HOVER TELEMAR SCP:

(9-10) Fwd R strt rgt fac trn, Sd & bk L DLW to CP, Bk R BJO; Bk L trn rgt fac, Sd & fwd R tween W's ft cont trn, Fwd L (W fwd L, fwd R tween M's ft, fwd L BJO; fwd R strt rgt fac trn, fwd & sd L cont trn, fwd R) end SCP/DLW; (11) Fwd R slgt bdy trn rgt, Fwd L on toe with rise trng rgt fac, Rec bk R (W fwd L, fwd R on toe tween M's ft trng rgt fac with rise, rec bk L) SCP/DRW; (12) Bk L, Bk R trn lft fac, Fwd L (W bk R strt lft fac pvt on ball of ft, fwd L cont trn, bk R) BJO/DLW; (13) Fwd R, drw L to R trng lft fac, Tch L (W bk L, sd R across M, fwd L) end SDCAR/DLC; (14) Fwd L outsd W strt lft fac trn, Sd R cont trn, Sd & fwd L (W bk R strt lft fac trn & brng L to R no wgt, trn lft fac on rgt heel chg wgt to L, Sd & fwd R) SCP/DLW; (15) Fwd R strt rgt fac trn, Sd & bk L cont trn, Bk R (W fwd L, fwd R tween M's ft, fwd L) BJO/DRC; (16) Bk L strt rgt fac trn, Sd & fwd R twd DLW with hovering action, Fwd L (W fwd R tween M's ft pvting 1/2 rgt fac, sd & fwd L cont trn with hovering action, fwd R) end SCP/DLC;

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## PART B

- 1-8 WEAVE 6 SCP;: LEFT WHISK; UNWIND 4 BJO; BK HOVER SCP; SLO SD LOCK; DBLE REVERSE SPIN; CONTRA CHECK. REC. SWITCH;  
(1-2) Fwd R, Fwd L trng lft fac to CP, Sd & bk R to BJO; Bk L, Bk R trng lft fac, Sd & fwd L (W fwd L, fwd R trng lft fac, cont trn on R to fac LOD then fwd L to BJO; fwd R, fwd L, sd & fwd R) end SCP/DLW; (3) Thru R, Sd & fwd L to CP, Cross R well in bk L RSCP/RLD; (4) Swvl rgt fac on heel of L & toe of R end wgt on R (W fwd R, fwd L/R curve rgt fac, fwd L) BJO/LOD; (5) Bk L, Sd & bk R with rising action, Rec fwd L (W fwd R, sd & fwd L trng rgt fac with rising action, rec fwd R end SCP/DLC; (6) Thru R, Sd & fwd L CP, XRIB trng slgt lft fac (W thr L strt lft fac trn, sd & bk R cont trn CP, XLIFR) CP/DLC; (7) Fwd L trng lft fac, Fwd & sd R arnd W strt lft fac spin on ball of rgt foot drwng L twd R, cont spin on R bring ball of L besd R no wgt (W bk R strt lft fac heel trn 1/2 on rgt heel brng L to R no wgt, cont heel trn chg wgt to L, fwd & sd R arnd M trng lft fac/lock LIFR) CP/DLC; (8) Flex R knee fwd L with R shld ld look at W, Rec R, Brng L past R trng 1/4 rgt fac (W flex L knee bk R on ball of ft keep rgt sd fwd & look well to lft, rec L, trng 1/4 rgt fac slip R fwd tween M's ft) end CP/DLW;
- 9-16 X PIVOT SDCAR; X HOVER BJO; FWD, FWD/LOCK, FWD; X HOVER SDCAR; X HOVER SCP; NAT TRN 1/2; SPIN TURN; BOX FINISH;  
(9) Fwd R tween W's ft strt rgt fac trn, Sd L cont trn, Fwd R SDCAR/DLW; (10) XLIFR (W XLIB), Sd R slgt rise trng lft fac, Rec L BJO/DLC; (11) Fwd R, Fwd L/Lk RIBL, Fwd L; (12) XRIFL (W XLIB), Sd L sml rise trng rgt fac, Rec R SDCAR/DLW; (13) XLIFR (W XRIB), Sd R slight rise trng lft fac, Sd & fwd L SCP/LOD; (14) Fwd R strt rgt fac trn, Sd L DLW cont trn, Bk R (W fwd L, R tween M's ft, L) CP/RLD; (15) Bk L pvtng 1/2 rgt fac to fac LOD, Fwd R cont trn rise on ball or ft, Rec sd & bk L CP/DLW; (16) Bk R trng lft fac 1/4, Sd L, Cls R CP/DLC;

## INTERLUDE

- 1-4 VIENNESE TURNS:::  
(1-4) Fwd L strt lft fac trn, Sd R cont trn, XLIFR; Bk R cont lft fac trn, Sd L cont trn, Cls R (W bk R strt lft fac trn, Sd L cont trn, cl R; Fwd L cont lft fac trn, Sd R cont trn, XLIFR) CP/DLC; Repeat Meas 1-2 Interlude;;

## REPEAT PART A

## REPEAT PART B

## ENDING

- 1-4 REV WAVE WITH SYNCOPATED ENDING; BK TO PROM SWAY; SLOWLY CHG SWAY;  
(1) Fwd L strt lft fac trn, Sd R (W, cls L to R with heel trn), Bk L twd DLW; (2) Bk R twd DLW, Bk L/bk R curve lft fac, Bk L CP/RLD; (3) Bk R strt lft fac trn, Sd & fwd L to SCP with upwrd stretch twd LOD, - (4) Lowering in lft knee, Rotate bdy slightly lft fac keep rgt hip twd ptr stretch lft sd, hold;